



TODD GLACY
**COMMUNITY
KIRTAN**

MUSIC & MANTRA
MEDITATION

Kirtan is a musical meditation practice of group singing/chanting of sacred sounds and mantras which are used to focus attention, tune in to higher vibration, and reconnect with the Divine Spirit that is within each of us. It is a co-creative practice typically done in a call-and-response format that is easy to follow and offers a powerful trance-formational experience that draws from many traditions and brings us back into harmony with ourselves and all that is. Feel free to sing, clap, dance, or just relax and enjoy the vibrations!

DATE & TIME:

LOCATION:



*"Kirtan is for all people.
There are no experts, no
beginners. The practice
itself is the teacher,
guiding us back to
ourselves."*

-Jai Uttal

Rev. Todd Glacy, M.S. is an Enlightenment Advocate, Empowerment Coach, and Instigator of Joy. He travels extensively as a speaker, musician, and workshop facilitator sharing transformational experiences to inspire and empower people to connect with their most authentic selves in order to live lives of purpose, passion, and true happiness. Learn more at:
www.SacredSoundAndLiving.com