Walking a Sacred Path

Introduction to the Labyrinth

\*Have you ever wondered what a labyrinth is and what they are used for? (it’s not the same as a maze)

\*Have you ever wanted to walk a labyrinth but weren’t sure how to do it “properly”?

\*Have you ever wanted to learn more about the history of Labyrinths and their significance as a tool for spiritual growth?

\*Have you ever wanted to explore ways to incorporate labyrinths into your own contemplative practice?

Join Rev.Todd Glacy for this experiential introduction to the labyrinth. We will briefly cover their history and spiritual/symbolic significance, review proper etiquette when walking a labyrinth, and explore a variety of possible contemplative approaches that will allow you to integrate it into your own spiritual practice.