

## "All Who Wander Are Not Lost."

Labyrinths are ancient symbols that have long been used as powerful tools for enlightenment. They offer a path to the center of our being where we can more deeply connect with our own inner wisdom and understanding of who we are and why we are here.

Join us for this experiential introduction to Labyrinths and explore a variety of practices that can be used for spiritual/emotional growth, meditation, relaxation, and healing.

## DATE & TIME: LOCATION:



"I have always enjoyed walking the Labyrinth. This workshop has given me a greater understanding of the possibilities for using it as a tool for my own spiritual practice and wellbeing."

Rev. Todd Glacy, M.S. is an Enlightenment Advocate, Empowerment Coach, and Instigator of Joy. He travels extensively as a speaker, musician, and workshop facilitator sharing transformational experiences to inspire and empower people to connect with their most authentic selves in order to live lives of purpose, passion, and true happiness. Learn more at:

www.SacredSoundAndLiving.com